

Standard Reporting



Leverage robust data and reporting to help measure impact and drive strategy.

Personal Health Scorecard
Provided annually

Clinical Health Assessment
Participation Report
Provided annually

Aggregate Baseline Report
Provided annually

Aggregate Comparative Report
Provided annually

Program Savings Summary
Provided annually

ROI/VOI Report
Provided annually

Raw Screening Data Report
Provided annually

Quality Metric Report
Provided annually

Utilization Report
Provided quarterly

"Right on Target" Health
Coaching Compliance Report
Provided bi-annually

Custom Report Request

Know Your Number® Chronic Disease Risk Summary

Name: New Niv Gender: Male
DOB: Age: 01/01/1964, 51 Ethnicity: Caucasian
Group: ABC Company Start Date: 02/25/2021
Fasting Status: Fasting Complete Date: 02/25/2021

Clinical Measurement	Value	Reference
Weight	255	Pounds
Body Mass Index (BMI)	42.1	<25 kg/m ²
Waist	41	<=40 Inches
Blood Pressure	124/85	<120/80 mmHg
Pulse Rate	105	60-100 bpm
Glucose	102	<100 mg/dL
Total Cholesterol	265	<200 mg/dL
HDL Cholesterol	45	>=40 mg/dL
LDL Cholesterol	181	<130 mg/dL
Triglycerides		

Metabolic Syndrome: Yes, >=3 of the following:
Explanation: A disorder defined by the following criteria:
Disease History: Lifestyle Factors: (Low physical exercise.)

Risk:
Current 5-year risk of onset: Modifiable risk (% of risk within your control): Risk percentile (compared to average 51-year old me):

TargetCare Program Savings Summary

ABC Company
2020-2021

Risk Reduction:
Risk reduction leads to lower claims by proactively helping people move out of known risk categories. Studies show that there are specific dollar amounts attributable to each of the risks; and when eliminated, financial savings result.
Below is a list of conditions that are attributable to higher healthcare costs than an average person without the condition. In each case, employees were tested and found to have one of these conditions; then after working with TargetCare, each person retested and later results indicated that they positively moved out of that condition.

Financial Impact Per Condition (2020 Baseline)

Metric	Client:	Obesity (BMI Uncontrolled)	Pre-Diabetes	Hypertension	Hyperlipidemia	Smoking (Cig)	Total Financial Risk Reduction
Participants	ABC Company	0	73	287	241	112	42
Study Population	02/19/21	0.0%	9.7%	38.0%	31.9%	14.8%	5.6%
National Average		0.2%	8.1%	26.7%	38.2%	20.2%	6.5%

Baseline to Follow-Up Mover

2020-21

Values highlighted along the diagonal (middle) show participants who remained in the same risk category at baseline and follow-up evaluations. Values above the diagonal (lighter shading in upper right) show participants who lowered their risk category between baseline and follow-up. Values below the diagonal (darker shading in lower left) show participants who had an increase in risk category between baseline and follow-up periods.

Available Disease Burden Cost within Risk Category

Risk Category	Diabetes	CHD	Stroke	COPD	Lung CA	Total
Above Normal	\$84,539	\$77,451	\$13,003	\$6,871	\$305	\$918
Borderline High	\$251,210	\$207,379	\$40,577	\$16,676	\$11,577	\$29,857
High / Extremely High	\$465,968	\$257,484	\$60,213	\$25,363	\$10,240	\$38,661
Total	\$801,717	\$542,314	\$113,793	\$48,910	\$22,352	\$69,436