

CARE NAVIGATION

IMPROVING EMPLOYEE HEALTH BY
CONNECTING THEM TO THE RIGHT
RESOURCES AT THE RIGHT TIME.



HELP EMPLOYEES NAVIGATE THE COMPLEX HEALTHCARE SYSTEM

Take a whole person approach to the health of your employees, by providing them with ongoing care and support outside of an onsite center or coaching services.

OUR APPROACH

We believe that care should continue to be provided away from the workplace; that's why care navigation is built into our primary onsite health services. Our providers go one step further to provide employees with comprehensive care by connecting them with the right resource to improve their health and well-being.



WHAT IS CARE NAVIGATION?

- In-Network Referrals to Primary Care Providers and Specialists
- Community Resource Referrals
- Ongoing Support and Management
- General Health Education
- Addressing Barriers to Care & SDOH
- Educating on Available Employer Benefits



CARE NAVIGATION

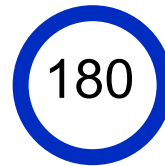
CARE NAVIGATION IN NUMBERS



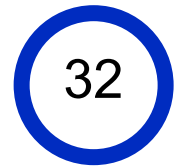
**Total Care Navigation
Appointments in a
Program Year**



**Total Mental Health
Referrals to EAP or
Counselor**



**Total Referrals to
In-Network PCPs**



**Total Urgent
Incidents Identified
and Referred**

*The following statistics are pulled from TargetCare's clients, with an average company size of 600 employees.



TESTIMONIALS

"A patient of mine was unsure how to find an in-network primary care provider. Because I knew of their insurance carrier, I found a provider taking new appointments and referred the patient. The patient came back to our next appointment and said, 'I need to tell you that I made an appointment 2 weeks from now for a new patient physical at one of the offices you gave me!'"

— **TargetCare Provider**

"A patient of mine had an unexpected loss of a loved one in charge of managing all their legal, medical and financial matters. I scheduled back-to-back appointments and invited the patient in to discuss their mental health and reached out to a funeral home so they could start making arrangements. I connected the patient with the services of their EAP, so they could get back on their feet financially, legally, and emotionally. I followed up with the patient a few weeks later and learned they were in a much better place."

— **TargetCare Provider**



"A patient of mine finally agreed to get a CRC screening, but was unsure of how to prepare for the procedure. Through a health coaching appointment, I walked them through what they could expect and wrote out a timeline for successful prep. The patient came in a month later for their regular health coaching and revealed that benign polyps were found and removed. They expressed their gratitude in helping with the prep and urging them to get the preventative screening."

— **TargetCare Provider**